

ZEST

À LA CARTE MENU

Oyster & Cure Bar

Lüderitz Oysters Natural **R33 each**

Lüderitz Oysters with topping **R38 each**

Vinegar & shallots

Asian dressing

Ponzu dressing

Citrus Tea-cured Linefish **R140**

Served with cucumber, radish, soy, lime & sesame dressing

Teriyaki-cured Salmon **R180**

Served with beetroot, horseradish cream & hazelnuts

Crab cocktail **R250**

Served with avo puree & sweet sorbet

Wood-fired Roast Tomatoes **R120**

Served with ricotta, fresh basil & olives

Pear & Avo Salad **R120**

Served with daikon & tofu dressing

Cauliflower Salad **R120**

Served with fig jam, cashew nuts, maple & lime dressing

Zest Salad **R140**

Served with avo, feta & olives

Fish Croquettes **R120**

Served with tonkatsu, white cabbage & spring onion salad

Charred Sweet Potato **R120**

Served with watercress, feta, roasted walnuts & raisins

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Sautéed Prawns

Served with chilli, butter & garlic

R180

Grilled Baby Calamari

Served with olive oil, roast peppers & caper salsa

R140

Grilled Eryngii Mushrooms

Served with sautéed spinach, confit onion & pine nuts

R180

Crab

Served with Avo purée & sweetcorn sorbet

R250

Ginger Beef

Served with togorashi, shiitake & daikon

R160

Main

Wood-fired Salmon

Served with pak choi & edamame

R190/R360

Seafood Trio

Salmon, calamari & prawns

R420

Grilled Linefish

Served with eggplant caponata & tomato salsa

R160/R280

Baby Kinglip

Served with mash potatoes, roasted peppers & caper salsa

R360

Grilled Baby Calamari

Served with olive oil, roast peppers & caper salsa

R280

Grilled Prawns

Queens

R360

Kings

R480

Langoustines

SQ

Seafood Platter

SQ

Lobster

SQ

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Wood-fired Grill

Fillet	R180/R340
Ribeye	R360
Wing Rib	R490/R850
Wagyu Beef Cut	SQ
Sautéed Beef Served with mushrooms, spinach & olives	R360
Lamb Loin Chops	R380
Earth & Sea woodfired grilled beef fillet with grilled prawns	R360
Grilled Springbok Served with sweet potato puree, figs & port wine jus	R190/R380
Grilled Chicken thighs Served with cucumber, miso, pineapple, sesame & pumpkin seed salad	R160/R280

Sides

Miso Eggplant	R65
Sautéed Eryngii Mushrooms	R75
Sweet Potato Puree	R55
Grilled Sweet Potato	R55
Wood-fired Cauliflower	R65
Fried Potato wedges	R55

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Flame Grilled Broccolini	R75
Mashed Potato	R65
Edamame	R75
Marinated Chilli Peppers	R35
Zest Salad	R75

Sauces

Wild Mushroom	R60
Green Peppercorn	R60
Chimichurri	R50
Veal Jus	R120

Dessert

Banana Parfait Served with tonka bean ice cream & pistachio crumble	R120
Pumpkin Cake Served with grilled pineapple, basil, peanut ice-cream & star anise	R110
Coconut Panna cotta Served with almond brittle & mango sorbet	R110
Raspberry Meringue Served with marshmallow, sorbet & jelly	R120
Chocolate Delice Served with hazelnut crèmeux & butterscotch	R140